Tip of the Week: Use Gestures

When helping children learn the meaning of new words, it’s important to be thoughtful not only about what words you say and when you say them, but also to be thoughtful about how you say them. While trying out the above play ideas, remember to show your child what you mean. Pointing, holding up objects, imitating actions, and acting out words will help your child make sense of what you are talking about—especially when using words that your child doesn’t know yet.

Additional Ideas

Looking for some more fun things to do around the house?

- Listen to “Mondays with Michelle” a read along with Michelle Obama.
- Check out Tinkergarten’s list of free DIY activities that will get your kiddo exploring outside.
- Watch “Fun with Snow” and other vignettes from Disney’s “At Home with Olaf” series.
- Move with Abby Cadabby (Sesame Street) in her virtual “Emotions Dance” Party.
- Read this short “Self Care for Parents” tip sheet.