Tip of the Week: Show rather than tell

You can encourage your child to play by setting the toilet paper tubes out, handing them directly to your child, and demonstrating the above play ideas. These actions will encourage him to play without giving him lots of instructions. By showing your child ideas for how to play rather than telling him what to do, you can keep the interaction fun and encourage him to be creative. If your child joins in or has a different idea, you can follow his lead. Children like routines because they know what to expect. So, after your child does a few actions, help establish a routine by “going back” and repeating the first step so that he can do it again.

Additional Ideas

Looking for some more fun things to try around the house?

- Watch a circle-time video (includes singing and read-a-louds): Storytime with Gurlimonster
- Listen to Grover from Sesame Street read “The Monster at the End of This Book”
- Get the kids moving with Mission 2 Move on Facebook Live