

Early Intervention Research Group, Department of Communication Sciences and Disorders, Northwestern University, Evanston, IL

## Background

**Autism Spectrum Disorders:** a neurodevelopmental disorder characterized by social communicative deficits and restricted/repetitive behaviors.

**Responsiveness,** a parent's ability to notice and respond to child communication, is a key component of the success of parent-mediated language interventions for children with autism.<sup>1</sup>

**Electrodermal Activity (EDA):** a skin conductance measure of psychological arousal, is utilized in the current study as a novel approach of measuring parents' physiological responses during parent-child interactions.

### Study Aims

1. Address the feasibility of the use of EDA bracelets during parent-child interactions.
2. Characterize parents' physiological arousal in response to different types of child communication.
3. Address the relationship between parental responsiveness and physiological arousal to child communication.

## Methods

### Participants

- 12 parents (11 females) and 12 children (4 females;  $M=34.83$  months,  $SD=6.13$ ) were recruited from the Chicago area.
- Autism diagnoses were verified based on Autism Diagnostic Observation Schedule scores.
- During an 8 minute naturalistic parent-child interaction, parents wore an Empatica E4 Bracelet to measure their EDA throughout the interactions.<sup>2</sup>



- Interactions were transcribed and coded using Mangold INTERACT software by a research reliable coder.
- Electrodermal data were processed using the Ledalab software package in MATLAB.
  - A continuous decomposition analysis<sup>3</sup> was performed for each parent's data to separate the tonic and phasic components of the EDA signal.
  - Multilevel modeling was used to analyze phasic responses to child communicative acts, with communicative acts nested within parent-child dyads.

## Results

### Communication Measures

#### Directedness

<i>Directed Communication</i>	Any child utterance paired with eye contact, a gesture or a word/name to direct the parent's attention.
<i>Non-Directed Communication</i>	Any child utterance that was not paired with eye contact, a gesture or a word/name.

#### Communicative Complexity

<i>High-level Communication</i>	Any child utterance including a vowel, vowel + consonant or jargon.
<i>Low-level Communication</i>	Any child utterance including a vocal stim, vocal play, laughing or crying.

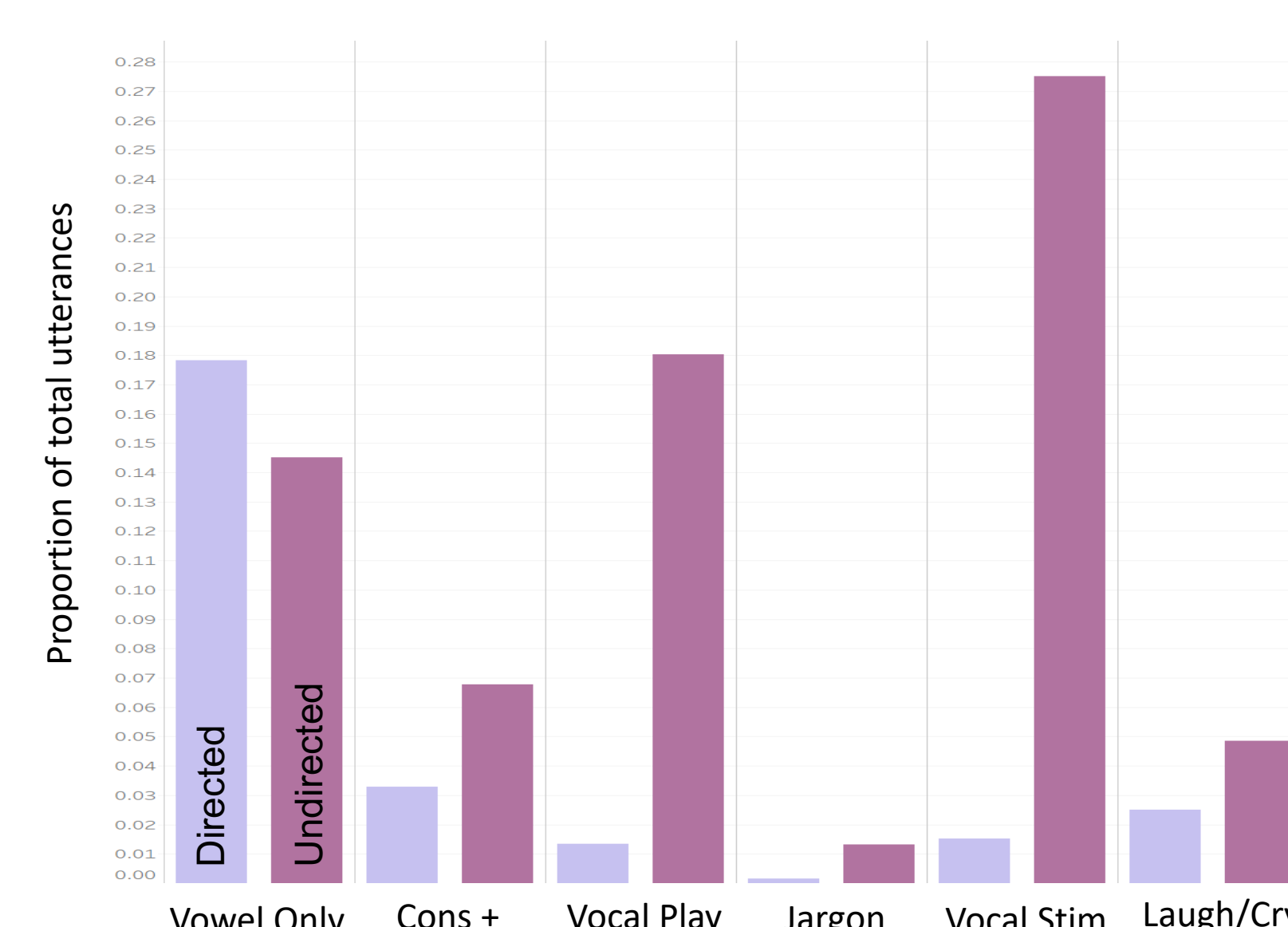
#### Parent Responsiveness

Number of communicative turns within 3 seconds of a child's utterance that were topically related to the child's communication.

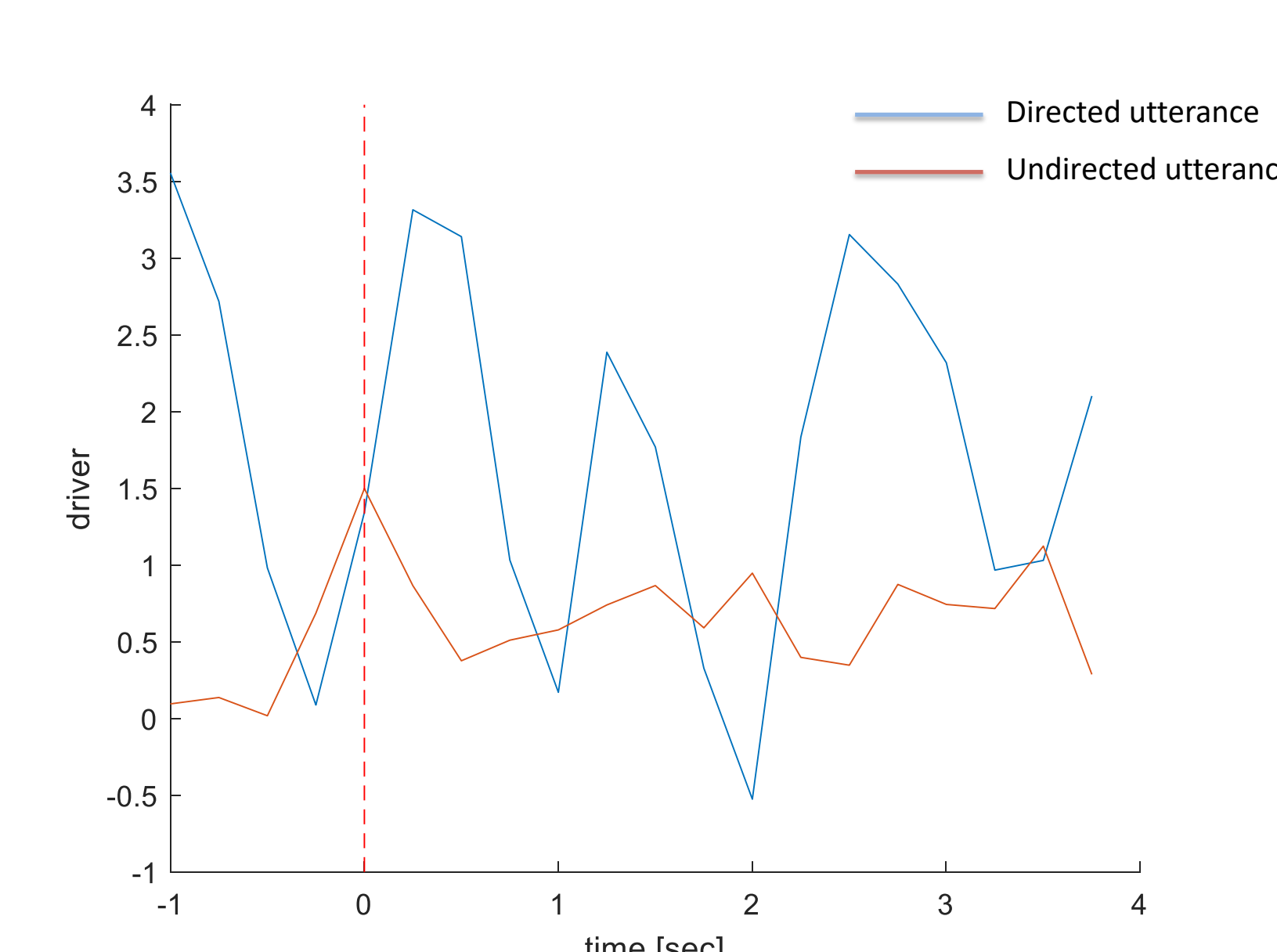
### EDA Measure

<b>nSCR</b>	Number of skin conductive responses above $.01 \mu\text{S}$ within 3 seconds of a child communicative turn.
-------------	---

**Figure 1.** Graph of proportion of communicative complexity and directedness across all utterances



**Figure 2.** Graph of phasic driver for one parent in response to directed and undirected vocalizations



**Table 1. Research Questions, Models, and Results**

Research Question	Model	Results
Do parents experience a larger physiological response to directed vs. undirected utterances?	$Y_{ij} = \beta_{0j} + \beta_{1j}Directed + R_{ij}$	No significant difference
Do parents experience a larger physiological response to high-level vs. low-level directed communication?	$Y_{ij} = \beta_{0j} + \beta_{1j}High-Level + R_{ij}$	$\beta_1 = -0.521 (.214), p = 0.017$
Is parents' rate of responsiveness associated with a larger physiological response to child communication?	$Y_{ij} = \beta_{0j} + R_{ij}$ $\beta_{0j} = \gamma_{00} + \gamma_{01}Responsiveness + U_{0j}$	No significant impact of responsiveness on physiological response

## Conclusions

- No significant differences were found in parental EDA responses to children's directed and non-directed communication.
- These results may inform interventions that focus on teaching parents identification of child communicative acts.
- Significantly higher parental EDA responses to children's low-level directed communication were found when compared to high-level directed communication.
- These results may inform interventions that teach parents how to respond to lower-levels of communication.
- No significant relationships were found between parental responsiveness and EDA responses to child communication.
- This study supports the feasibility of the use of EDA bracelets to assess parent's response to children's communication.

## Limitations and Future Directions

- Limitations include a small sample size.
- Interpretation of EDA responses is still limited. More research is necessary in order to evaluate the clinical relevance of EDA measures, particularly in parent-child interactions.
- Future research will address whether there is a significant change in parents' physiological responses after parent intervention training.

## References

1. Siller M, Hutman T, & Sigman M. A parent-mediated intervention to increase responsive parental behaviors and child communication in children with ASD: A randomized clinical trial. *J. Autism Dev. Disord.* 2013;43(3):540-555.
2. Garbarino M, Lai M, Bender D, Picard RW, Tognetti S. Empatica E3—A wearable wireless multi-sensor device for real-time computerized biofeedback and data acquisition. In *IEEE*; 2014. p. 39–42.
3. Benedek M, & Kaernbach C. A continuous measure of phasic electrodermal activity. *J. Neurosci. Methods.* 2010;190(1):80-91.

## More Information

Maranda Jones, Maranda.Jones@Northwestern.edu

The current research was funded by the National Institutes of Health (1R01DC014709) and Institute of Education Sciences (R324A150094).

Maranda Jones: No Conflict of Interest; Philip Curtis: No Conflict of Interest; Megan Roberts: No Conflict of Interest